

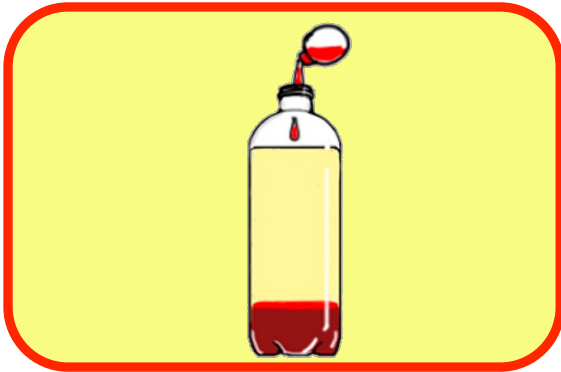
# INSTRUCTIONS

## Red Sea in a Bottle

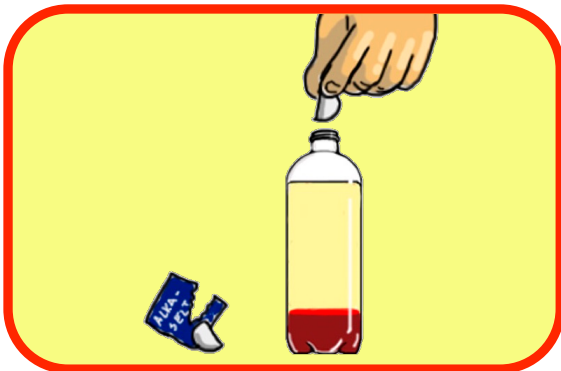
**You will need:** 500ml plastic bottle, 100 ml water, vegetable oil, fizzing tablets (Alka Seltzer), red food colouring.



Pour the water into the bottle. Pour the oil into the bottle until it's almost full. Wait a few minutes for the oil and water separate.



Add 10 drops of red food colouring to the bottle. The drops will pass through the oil and then mix with the water below.



Break a seltzer tablet in half and drop the half tablet into the bottle. Watch it sink to the bottom and let the blobby greatness begin!



To keep the effect going, just add another tablet piece. For a true lava lamp effect, shine a flashlight through the bottom of the bottle.